

# GRACE GROUP GUIDE FALL WEEK #5

October 5, 2025 | Ruth 3:1-18

## DISCUSSION GUIDE

### 1-MIN OVERVIEW

Ruth 3:1-18 recounts the proposal Naomi advises Ruth to make to Boaz. As a relative of her dead husband, Boaz has the right to marry Ruth and acquire Mahlon's land, in essence saving Naomi and Ruth from starvation. Ruth puts on perfume, wears her best clothes, and enacts a bold but risky plan to ask Boaz to marry her.



### WARM UP

- 1. We all make "asks" from time to time, whether for a favor, a job, or even to get married. What was a big ask you made of someone else, and how did it turn out?*
- 2. In our Scripture this week, Naomi shares her plan with Ruth to secure her "rest". What do you think is God's view and perspective on rest? How do you best rest and experience peace?*



### KNOW IT

*Spend time praying before group for God to speak through His Word (the Bible). Then, read Ruth 3:1-18 together.*

- 1. As Dave mentioned on Sunday, a few months have passed since the beginning of the harvest season. Now that it's coming to a close, what is Naomi's main concern? Why do you think Ruth couldn't glean food the rest of her life (as she had been doing) without being part of a family?*
- 2. Naomi's plan seems bold but perhaps risky. What could go wrong with Ruth sneaking up on Boaz in the middle of the night? How does Ruth's strategy in her clothing and actions produce the right result? How does her approach affirm her character revealed throughout the book?*



### SHARE IT

- 1. Reread Ruth 3:8-13. Boaz's response is overwhelmingly comforting and affirming of Ruth. Spend time researching the concept of redemption in ancient Israel. How was this an act of sacrificial love? If someone*

*lost their land through debt or death, why would someone else step in? In other words, what does redemption cost the redeemer, and how are we perhaps called to this today?*

*2. Review Ruth 3:14-18. Boaz sends Ruth back to Naomi with 6 measures of barley. Depending on the source, this may have been enough to feed her for months or longer. What was Boaz communicating with this gift? Why would he provide for her physical needs abundantly before he redeems her? What are some “gifts” Christ gives to us to assure us of our redemption? How does these gifts empower us to share his message (the Gospel) with others?*



#### **LIVE IT**

*1. Naomi closes the chapter by assuring Ruth that Boaz won't “rest” until he resolves her future that day. It seems when it comes to redemption, Ruth's job is to have faith that Boaz will make good on her proposal and his promise. How hard is it for you to have faith in the One who's redeemed you? Are you content to trust Jesus gave you atonement (i.e. removal of God's wrath) and righteousness (i.e. justifying you before God) on the cross, or do you try to do these things yourself? If so, how does this affect your ability to experience peace?*

*2. Ruth and Naomi's future is on the line as Boaz settles the matter and steps in the gap for them. What are some ways others have helped you when you felt helpless? How can you perhaps partner with God in seeing others redeemed and helped? Who is God calling you to intercede for, and what do you need Him to do in their lives?*