

Rooted and Built Up—Rooted in Christ

Study Questions

Colossians 2:6-10

Warm-up

1) Think about your daily routine (including things such as hygiene, meals, travel, shopping, work, entertainment, etc.).

What products, services, habits, and sources of knowledge do you draw from to complete your everyday tasks?

How often do you *consider* suggestions for alternatives to your regular routine? How often have you actually *made* changes?

A little deeper

2) [Colossians 2:6-7] **What does it mean for you to be “rooted in Christ?”** (If you get stuck on this idea, consider the effect of deep roots on a tree during storms or droughts.)¹

How do strong roots lead to increases in things like strength and gratitude in people who follow Christ?

3) [Colossians 2:8] This verse (along verses 2:16-23) warns those who hear it not to be taken captive by empty philosophies. **What are some of today’s hollow philosophies that might compete with faith in Jesus?**

How do these philosophies “take people captive”?

¹ Tech-savvy groups might also consider a more recent usage of the word as used in “rooting a device”—giving the User privileged control (root access) to overcome imposed limitations. It’s not strictly on-topic, but it’s not totally off-topic, either.

4) [Colossians 2:9-10] The fullness of God lives in Christ, and we are brought to fullness in Christ—as though we are empty pitchers brought into the kitchen to be filled. **What does it mean for us to be brought to fullness in Christ?**

Why do you think God wants to “fill us up”?

Bringing it home

5) Perhaps you are not swayed by hollow philosophies; maybe you have been led astray by bad experiences with people or by bad advice from friends. **Have there been times that your faith in Jesus faltered due to an earthly influence?**

Why was that influence so powerful, and how was it overcome?

6) **Who in your life is a godly influence—someone who helps deepen your roots in Christ, or helps you to build up your faith?**

How has this person influenced you?

How did you learn about this person?

Reflection and Prayer

7) **If you have certain “weak areas” when it comes to worldly influences, consider confessing them to the group.**

Perhaps there is some aspect of a worldly influence that you feel is central to how you see yourself. **Pray with your group and consider suggestions they may have for your “weak area.” As you pray, remember to praise God for His fullness and majesty over all creation.**

